

Participating Organizations:

Alzheimer's Society of BC

Arthritis Society of Canada – BC and Yukon Divisions Ataxia Canada

BC Bereavement Helpline

BC Cancer Agency Prevention Program

BC Epilepsy Society

Canadian Diabetes Association

Canadian Lyme Disease Foundation (Can Lyme)

Canadian Mental Health Association

(CMHA) - Vancouver/Burnaby Branch

Canadian MPS Society

Canucks Autism Network

Collège Éducacentre

Community Engagement Advisory Network, Vancouver Coastal Health

Council of Senior Citizens Organizations of British Columbia (Cosco BC)

Developmental Disabilities Association

Disability Alliance of BC

G.V. Counselling & Education Society for Families Healthy Living Program, Vancouver Coastal Health Heart and Stroke Foundation of BC and Yukon Huntington Society of Canada—BC Chapter Leukemia and Lymphoma Society of Canada MOSAIC BC

MS Society of Canada, Lower Mainland Chapter Muscular Dystrophy Canada

Myalgic Encephalomyelitis and Fibromyalgia Society of BC

Neil Squire Society

Options for Sexual Health

. Ovarian Cancer Canada

Parkinson's Society of BC

PeerNetBC

Positive Living Society of BC

Power For All Adventure Therapy Society

Qmunity

Rare Disease Foundation

Recovery Narrative Project

RésoSanté Colombie-Britannique

Richmond Mental Health Consumer and Friends Society (RCFC)

Scleroderma Association of BC

Sjögren's Society of Canada

YouthCO

40 Community exhibitors and 8 patient panel workshops visited by over 350



Allies in Health is an open-house Fair, held during UBC's Celebrate Learning Week, that connects community organizations, patient support groups, and people involved in these agencies with UBC students and faculty.

The Fair is an opportunity for students and faculty to learn about:

- the experiences of living with illness or disability from patients/clients/ community members, and their interactions with health professionals and the health care system
- resources and information available in the community for health professionals and their patients/clients
- patient and community organizations and what they do

The Fair brings patient and community voices to health professional education. It fosters familiarity, dialogue, and partnerships between the academy and the community.

This year the Allies in Health Fair and UBC Community Partnership Unit hosted "Conversation Corner" to explore perspectives and values on community-university engagement and what could strengthen how UBC engages with communities.

For reports of previous Fairs and other work by the Division that involves patients and the community in the education of health professionals go to:

meetingofexperts.org

Organized by the Division of Health Care Communication, College of Health Disciplines. Additional UBC funding by:

- The Office of the Vice Provost & Associate Vice President Academic
- College of Health Disciplines

Thanks to all of our student volunteers, especially the Occupational Therapy students, and to the many community and university volunteers on the planning committee, chaired by Brianne Nettelfield



a place of mind



Division of Health Care Communication informed and shared decision making





Visitors and Exhibitors

Over 350 people attended the Fair. Students from **genetic counseling**, **medicine**, **and occupational therapy and the English Language Institute** attended as part of their programs. Everyone was invited to 'register' with their email address, to permit a follow-up about their experience and a chance on a draw for prizes given by our supporting donors, 188 registered. They came from over 12 different departments and programs.

In follow-up surveys, students said:

- "[I liked the] exhibit about modifying outdoor recreation activities for people with disabilities (eg. wheelchair standup paddleboarding!). I thought this was a really awesome concept and I liked that they had devices and videos to demonstrate what they do." - Genetic Counseling Student
- "I liked speaking with the Qmunity table because I feel like as med students we don't get trained in queer competency and feel it's important for us to do." - Medical Student

The 40 community exhibitors who attended the Fair told students about their peer and outreach services. 35 were returning exhibitors and 5 were new to the Fair.

Each exhibitor had tracking sheets to record the number of visitors: There was an average of $45\ visitors\ per\ booth$

The BC Epilepsy Society recorded 95 visitors, the highest number!

Exhibitors were surveyed for their experience compared to other Fairs; on a scale from worst(1) to best(5) the overall rating was **4.2**. Their highlights were:

- "[The] level of motivation and interest from students wanting to learn more about our organization was much higher than at previous fairs we've attended at post-secondary institutions."
- "The students' openness and engaging conversations to learn about the services
 offered by our organization. The great networking opportunities with other orqanizations in the community."
- "The Fair brings...community voices to health professional education. It fosters familiarity, dialogue, and partnerships between the academy and the community.









Patient Panels

Eight 1-hour patient panel workshops were featured, each with 3-5 panelists, and a moderator. Panel experts included those who have lived long-term with chronic illness and advocates. They told their stories, discussed their experiences, and participated in a Question & Answer period with the attendees.

Panel themes were:

Barriers to Health Care Communication Experiences of the Health Care System

Experiences of Chronic Health Concerns

Health & Money

Illness and Spirituality

Living and Communicating with Aphasia

Living a Life of Recovery with Mental Illness

Queer Competency in Health Care Settings *NEW*

184 students attended panels. 68 responded to the follow-up survey. They commented especially on:

- value & impact of hearing first hand patient stories and experiences
- diverse array of perspectives from presenters

On a scale from worst(1) to best(5) educational experience overall they rated this experience **4.**



"It was a very unique experience to see things from the patients' point of view and how some of the hardships could have been avoided with a better quality of care."

- Medical Student

"First hand stories are amazing tools for us as young professionals. I liked hearing what these individuals experienced in their struggles with health care. It is so informative for my future practice with other health care professionals. I thank them for being so honest with us." - Dietetics Student

"The patient speaker's words and perspectives were humbling. It motivates me to become a more sensitive physician in the future. They expressed that a patient's personal experience with health care will affect how they perceive physicians and how other physicians would perceive the patient."

-Medical Student

\$10-\$99 A special thank you to all of our

Ataxia Canada contributors who make the Fair possible:

BC Bereavement Helpline BC Epilepsy Society

Boulevard Coffee Roasting Co

CanLyme

Canucks Autism Network

Council of Senior Citizen Organizations of BC

Disability Alliance of BC Heart & Stroke Foundation Huntington Society of Canada

Mahony & Sons ME/FM Society of BC MPS Society MS Society Neil Squire Society Options for Sexual Health Parkinson Society

Power for All Adventure Therapy Society

Recovery Narrative Project Sjogren's Society of Canada

Qmunity

Vancouver Coastal Health, Healthy Living Program

\$100-\$499

BC Cancer Agency Collège Éducacentre Leukemia and Lymphoma Society of Canada PeerNet Sandman Hotels, Davie St & Sutton Place

\$500+

Developmental Disabilities Association Ethical Bean Coffee Scleroderma Association of BC

2014 marks an important step towards sustainability with community organizations matching university contributions to ensure the Fair continues!